



GREEN HILLS DENTISTRY

FAMILY • COSMETIC • SLEEP SOLUTIONS

Getting the *best* BITE

From jaw pain to cracked teeth, many of the problems we see today can be caused by the misalignment of our teeth!



Why does your bite matter?

Just like the tires on your car, if the way your teeth come together is out of balance with the way your jaw moves, something is likely to break down.

Your teeth, jaw joints, muscles, and supporting bone, (collectively known as “the Masticatory System”) are designed to work in harmony with each other. The problems that develop when they are out of balance, fall under the umbrella of “Occlusal Disease”.

We often see one or more of the following signs before you start to notice symptoms:

- Worn teeth
- Loose teeth
- Gum recession
- Tooth migration
- Broken teeth
- Broken restorations

If left untreated, occlusal disease can progress into symptoms impossible to

ignore, such as:

- Tooth sensitivity
- Jaw pain
- Facial pain
- Headaches

Dr. Forgosh has done extensive post-graduate training with the international leaders in the field of treating occlusal disease. He is an alumnus of the world renowned Dawson Academy, and was selected to mentor a group

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Giving Back to Pediatric Cancer Foundation



Every year, we pause to be thankful for our good fortune, and consider ways we can give back to our community. Thanks to your help and generosity, we have made significant donations to the Emmaus Food Bank, the Lowhill Township Food Bank, and most recently supported the family of a local man, diagnosed with an aggressive form of brain cancer.

Thankfully, he is currently in remission, feeling well, and has gone back to work!

This year we are partnering with our friends at Ai Orthodontics to raise money for the Pediatric Cancer Foundation of the Lehigh Valley. The mission of the PCFLV is to support families in our community who are battling pediatric

cancer. Our goal is to raise both money and awareness for this wonderful organization. If you would like to make a donation through the end of the year, please make checks payable to PCFLV (your cancelled check is your receipt). Donations of \$15 or more will get a “Spread the Gold” T-shirt (gold is the color for pediatric cancer) as a thank you for your generosity.

Halloween Candy Alternatives



Festive toys, gum, and dental health products might not be on the top of the kids' treat list this Halloween, but the parents might thank you!

Our new sign is up...sometimes

Some of you may have noticed that there was a new sign with our name on it, on Route 100 adjacent to our building...and then our name wasn't on it...and now it is again! Confusing as it may be, our neighbors in our office complex voted to have a sign erected, but one that is only big enough to accommodate the names of two businesses at a time. The names of the company in our complex will rotate each month to give each business exposure. So, have no fear, we are not going anywhere!



Getting the best BITE (from page 1)

of accomplished dentists throughout the region as the leader of the Dawson Academy Study Club of New York City. He meets with over a dozen dentists and master lab technicians each month to help further their education and their understanding of predictable methods of treating occlusal disease.

Dr. Forgosh believes his role in your health care is to be the physician of the masticatory system rather than merely a tooth mechanic, fixing what is broken without considering the underlying cause. His practice of Complete Dentistry is beyond the usual and customary, and requires a level of training, ethics, and empathy that sets us apart from most practices.

We are very proud of the care we provide for our family of patients, but we don't always feel comfortable singing our own praises. Most of our patients have been referred to us by people like you. We are humbled by the faith you show in us when you recommend us to your friends and family members. Please know that we will always make room in our schedule for people you refer to us, and we will treat them with the same care and kindness you have come to know at Green Hills Dentistry.

Holiday Vacation Hours

Our office will be closed during the following periods:

Wednesday, November 26th
through
Sunday, November 30th of 2014
and

Wednesday, December 24th through
Sunday, December 28th of 2014

Dr. Forgosh can be reached for dental emergencies by calling the emergency phone number found on our office answering machine.

To connect with us, call 610-395-0980, go to our website www.ghdentistry.com or Like Us on Facebook!